**Recognizing and Preventing Shaken Baby Syndrome Preventing Sudden Infant Death Syndrome Understanding Early Childhood Brain Development POST TEST**

In order to meet the one-hour annual training requirement/or pre-service requirement for child caregivers who provide care for children younger than 24 months, complete this test and have it available for review by licensing upon inspection.

Employee's printed name

Signature Test date

1. With Shaken Baby Syndrome, what happens inside the child's head when the child is shaken?

1. What percentage of children with Shaken Baby Syndrome die?
2. Name 5 signs or symptoms the baby may display if Shaken Baby Syndrome has occurred.
3. List 4 kinds of long-term problems that shaking a baby can cause.
4. What is the number one reason a baby is shaken?
5. List 7 things a caregiver can do to help a baby stop crying or to control their own frustration.
6. At what age is SIDS most likely to occur?

1. List 5 factors that place babies at higher risk for SIDS.
2. What position should infants be placed in for sleep both at bedtime and naptime? 10. List 4 additional things that can be done to reduce the risk of SIDS.
3. According to research, does there appear to be a greater risk for SIDS when babies who are used to sleeping on their backs are then placed on their stomachs for sleep?
4. What affects the way children's brains become "wired?"
5. How does the brain know which "connections" to keep?
6. How do babies experience relationships?
7. How do children become securely attached to caregivers?
8. Name 5 things to do with infants that effect positive brain development.